



Kosher Menu

ALL items labeled with an "*" are pre-packaged meals, purchased from a Kosher Catering Company (Kosher Mart Foods). These items are double wrapped for Kashrus. These items may not be appropriate on your diet. Please contact your clinical care team for further questions.

--- Entrée(Breakfast) ---

Cheese Omelet w/ Potatoes* • Fluffy Pancakes* • French Toast* • Cheese Blintzes* • Bagel* • Blueberry Muffin *

--- Cereal ---

Cheerios • Honey Nut Cheerios • Cinnamon Toast Crunch
Corn Flakes • Rice Krispies
Total Raisin Bran

--- Fruit & Yogurt ---

Applesauce • Banana • Diced Peaches • Orange
Lite Strawberry Yogurt
Lite Vanilla Yogurt

--- Soup ---

Matzo Ball Soup* • Vegetable Soup*

--- Lunch & Dinner ---

Baked Ziti*

Puree Chicken with Rice & Green Beans*
Roasted Turkey with Sweet Potatoes & String Beans*
Pot Roast w/ Potato Kugel & Mixed Vegetables*
Spaghetti & Meatballs with Green Beans*
Broiled Tilapia Filet with Mixed Vegetables & Quinoa*
Roasted Chicken w/ Matzo Balls & Mixed Vegetables*
Vegan Stuffed Cabbage*
Cheese Blintzes*

--- Snacks & Sweets ---

Wrapped White Bread* • Lay's Potato Chips • Red Gelatin
• Sugar-Free Gelatin • Chocolate Pudding
Vanilla Pudding • Lemon Fruit Ice
Strawberry Popsicle • Chocolate Chip Cookie* • Brownie
Pretzels • Blue Raspberry Ice Pop

--- Condiments ---

Salt • Pepper • Butter • Margarine • Sugar • Splenda • Honey
Cream Cheese • Syrup • Diet Syrup • Peanut Butter
Ketchup • Jelly

--- Beverages ---

Skim Milk • 2% Milk • Whole Milk • 1% Chocolate Milk
Apple Juice • Cranberry Juice • Orange Juice • Bottled Water
• Welches Grape Juice • Lactose Free Milk • Soy Milk •
Almond Milk • Chobani Yogurt Drink • Cherry Bubbly
• Keddeem Grape Juice (subject to availability)



LITTLE TREATS &
TASTY EATS

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